

# THE LONDON MAGAZINE

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**WHAT  
MAKES  
A LADY**  
MARY KILLEN ON  
THE NEW RULES

**PROPERTY**  
**BIG  
BROTHERS**  
THE PROPERTY  
KINGS  
WHO KEEP IT  
IN THE FAMILY

NEW LOOK, NEW LUXE

# IT'S NOT ELEMENTARY

THE PERFECT  
PARADOX OF  
**BENEDICT  
CUMBERBATCH**

**FLYING  
HIGH**  
THE ONLY WAY  
TO TRAVEL

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## WELCOME TO THE QUARTER



### THE CHELSEA QUARTER CAFÉ

Chelsea Quarter Café is located in the heart of Kings Road, Chelsea. Opened since October 2011 and it has been a phenomenal success within Chelsea locals. The food is healthy with a touch of naughtiness when it comes to the sweet zone. Gluten free options are available. The menu offers breakfast such as egg Florentine, a variety of creative salads, freshly squeezed juices, homemade sandwiches, pastries and amazing desserts.

Secret Scape has designed Chelsea Quarter Café, the Décor is simple, yet refined, clean and airy, with tall window panels all around allowing natural light through out the day. The place is already attracting A list celebrities, who are loving quirky sandwiches choice such as English Breakfast Bun, egg, sausages, tomato and mushroom served in a delicious homemade toasted bun...yum  
219 Kings Road,  
Chelsea, SW3 5EJ  
020 7352 3660  
[www.chelseaquartercafe.com](http://www.chelseaquartercafe.com)

### THE RIVER QUARTER KITCHEN

Has a warm and relaxed atmosphere with an open kitchen. The delicious menu includes homemade burgers, traditional fish and chips fish and a range of the delightful Italian dishes by Massimo.

This is a true Brasserie experience, with a splendid river view all complemented by a small yet well thought through wine list.  
Unit C, Molasses House, Plantation Wharf, Battersea, SW11 3TN  
020 7978 5055  
[www.riverquarterkitchen.com](http://www.riverquarterkitchen.com)

### THE HEALTH QUARTER

Nutrition Made Easy at Health Quarter For those looking to add nourishment, health and vitality to their lives, look no further than this hidden gem in the heart of Knightsbridge. The local residents of Egerton Terrace have fast become fans of the Health Quarter, a

mini emporium of all the best nutritional supplements and organic skincare ranges that really work.

Health Quarter is run by Claire and Rosie, the extremely friendly, fully qualified resident nutritionists, who are always on hand to share their expert advice, answer diet, beauty and lifestyle enquiries, and hopefully brighten up your day!

Private nutritional consultation appointments, laboratory testing and tailored protocols are also available. So if you have ongoing health concerns or issues, we can help you resolve them the natural way.

Health Quarter,  
3 Egerton Terrace, SW3 2BX,  
[www.healthquartersw3.com](http://www.healthquartersw3.com)

